



How to take your measurements

Measure yourself with your underwear on.

For all measurements make sure you do not pull the tape too tight.

Keep the tape parallel to the floor. Do not let it drop at the back.

Bust

Wrap the tape around the fullest part of your bust.

Waist

Your natural waist is at the narrowest part of your torso.

Hips

Measure the widest part of your hips. This is approximately 20cms below your waist.

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Size Chart Metric											
	6	8	10	12	14	16	18	20	22	24	26
Bust	85	90	95	100	105	110	115	120	125	130	135
Waist	70	75	80	85	90	95	100	105	110	115	120
Hips	90	95	100	105	110	115	120	125	130	135	140
Size Chart Imperial											
	6	8	10	12	14	16	18	20	22	24	26
Bust	33.5	33.5	37.5	39.5	41.5	43.5	45.5	47.25	49.25	51.25	53.25
Waist	27.75	29.5	31.5	33.5	35.5	37.5	39.5	41.5	43.5	45.5	47.25
Hips	35.5	37.5	39.5	41.5	43.5	45.5	47.25	49.25	51.25	53.25	55.25